

FIG Acrobatic World Cup & Rzeszów International Acro Cup - Training Schedule

Rzeszów - Poland, 9 - 11 June

Rzeszów International Acro Cup

#	Country (number of temas)		Warm Up 20 minutes		Floor 1 20 minutes		Floor 2 (music) 20 minutes		Competition Floor	
			in	out	in	out	in	out	in	out
1	KA Stal Rzeszów (17)	17	7:00	7:20	7:20	7:40	7:40	8:00	8:00	8:45
2	UKS Akrobata Łańcut (10), SportStal Stalowa Wola (3)	13	7:45	8:05	8:05	8:25	8:25	8:45	8:45	9:30
3	Akrobatyka Ropczyce (9), KAS Rzeszów (3), Akrobatyka Tryńcza (3), SP MDK w Jaśle (2)	17	8:30	8:50	8:50	9:10	9:10	9:30	9:30	10:15
4	Ukraine (4), Kazakhstan (2), Georgia (2), Azerbaijan (2), Piramida Rzeszów (2), Piramida Przeworsk (2), Sabonia Ustrobną (3)	17	9:15	9:35	9:35	9:55	9:55	10:15	10:15	11:00

WORLD CUP

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			in	out	in	out	in	out	in	out
5	Ukraine (4), Georgia (1), Kazakhstan (3)	8	10:00	10:20	10:20	10:40	10:40	11:00	11:00	12:00
6	Great Britain (3), Ireland (2), Israel (3)	8	11:00	11:20	11:20	11:40	11:40	12:00	12:00	13:00
7	Portugal (8)	8	12:00	12:20	12:20	12:40	12:40	13:00	13:00	14:00
8	USA (3), Poland (2), Spain (2), Belgium (1)	8	13:00	13:20	13:20	13:40	13:40	14:00	14:00	15:00
9	Germany (3), China (2), Italy (1), Azerbaijan (1)	7	14:00	14:20	14:20	14:40	14:40	15:00	15:00	16:00

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			in	out		in	out		in	out		in	out
10	Acrobay (6), Heathrow Gymnastics Club (6), South Tyneside Gymnastics Centre (2), Richmond Gymnastics Association (1)	15	15:00	15:20		15:20	15:40		15:40	16:00		16:00	16:45
11	Haifa Flyers (8), Italy (4), Kernow Academy (2), LGB Acrobatique Club (1)	15	15:45	16:05		16:05	16:25		16:25	16:45		16:45	17:30
12	Balance ATC (6), Budai Akrobatikus Sport Egyesület (4), Ferencvárosi Torna Club (5), Nilfisk Kanizsa TC (1)	16	16:30	16:50		16:50	17:10		17:10	17:30		17:30	18:15
13	Grassalkovich SE (7), Mazkeret Batya (5), Acro SR (3), Moldova (1)	16	17:15	17:35		17:35	17:55		17:55	18:15		18:15	19:00
14	Sporting Clube de Portugal (12), Club Acrobatos de Granada (3), Belgium (1)	16	18:00	18:20		18:20	18:40		18:40	19:00		19:00	19:45
15	PTG "Sokół" Kraków (8), UKS "Targówek" Warszawa (4), UKS "Akrosfera" Stare Babice (4), KS "Posnania" Poznań (1)	17	18:45	19:05		19:05	19:25		19:25	19:45		19:45	20:30
16	Gymnastics Lower Austria (9), MKS "Polonia" Świdnica (4), KS "Akro-Gym" Mikołów (2), KS AZS AWF Katowice (1), Tigers Acrobatic Gymnastics (1)	17	19:30	19:50		19:50	20:10		20:10	20:30		20:30	21:15
17	KPKS "Halemba" Ruda Śląska (21)	21	20:15	20:35		20:35	20:55		20:55	21:15		21:15	22:00
18	UKS "As" Zielona Góra (11), ZKS "Akrobata" Zielona Góra (2), UKS "Kociewie" Starogard Gdański (4)	17	21:00	21:20		21:20	21:40		21:40	22:00		22:00	22:45