

# FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



## FIG WORLD CUP ACROBATIC GYMNASTICS RZESZÓW (POL), 9- 11.06.2023 B CATEGORY



### DIRECTIVES

Event ID: 17166

Dear affiliated Member Federation,

Following the decision of the FIG Presidential Commission, the Gymnastics Federation of Poland has the pleasure to invite your Federation to participate in the aforementioned official FIG World Cup.

<b>FIG</b>	Fédération Internationale de Gymnastique (FIG) Contact Person: Rui Vinagre Avenue de la Gare, 12A 1003 Lausanne Switzerland Tel: +41 (0) 21 321 55 10 / direct line: +41 (0) 21 321 55 32 Fax: +41 (0) 21 321 55 19 / Sport department +41 (0) 21 321 55 29 e-mail: <a href="mailto:rvinagre@fig-gymnastics.org">rvinagre@fig-gymnastics.org</a> website: <a href="http://www.gymnastics.sport">www.gymnastics.sport</a>
<b>HOST FEDERATION</b>	Polish Gymnastics Federation ul. Ratuszowa 11, 03-450 Warszawa Contact person: <b>Wiesława Milewska</b> Phone: +48 570 990 303 E-mail: kontakt@pzg.pl Website: www.pzg.pl
<b>ORGANIZING COMMITTEE</b>	Podkarpacki Okręgowy Związek Akrobatyki Sportowej Pułaskiego 13a, 30-011 Rzeszów Contact person: Eliza Kaplita-Wójcik Phone: +48 605 080 226 E-mail: acro2023.rzeszow@gmail.com Website: www.akrobatyka.rzeszow.pl
<b>LOCATION</b>	Rzeszow, POLAND
<b>DATE</b>	From <b>June 9<sup>th</sup></b> to <b>11<sup>th</sup></b> , 2023
<b>VENUE</b>	<b>Hala Sportowa "Podpromie" im. Jana Strzelczyka</b> <b>Podpromie 10</b> <b>35-045 Rzeszów</b> <b>+48 17 8536868</b> <b>e-mail: hala@erzeszow.pl</b> <b>web site: www.hala.rzeszow.pl</b>
<b>APPARATUS SUPPLIER</b>	Supplier: <b>JANSSEN-FRITSEN</b> Colour: <b>blue</b> FIG certified

<b>PROVISIONAL SCHEDULE</b>	Wednesday, June 7th	Arrival of the delegations, training
	Thursday, June 8th	Official Podium Training Measurement Judges' instruction (for CJP and DJ 1&2) Checking of tariff sheets Orientation meeting
	Friday, June 9th	Qualifications
	Saturday, June 10th	Qualifications
	Sunday, June 11	Finals
	Monday, June 12	Departure of the delegations
<b>PARTICIPATION</b>	<p>The World Cup Competitions consist of Qualifications and Finals in all 5 categories.</p> <p><b><u>Participation in the Qualifications:</u></b></p> <ul style="list-style-type: none"> <li>• All competitors must take part in the qualifications.</li> <li>• In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied. Nevertheless the gymnasts not qualified for the finals and with same final score will receive the same World Cup points.</li> </ul> <p><b><u>Participation in the Finals:</u></b></p> <p>Category A and B tournaments must offer a Final in all 5 categories.</p> <ul style="list-style-type: none"> <li>• The top eight units with no more than 2 per NF/per category from the qualifications qualify for the Finals. If there are less than 9 units, only 6 will proceed to the Final, with no more than 2 pairs or groups per NF.</li> <li>• In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied.</li> <li>• In addition, if the Organizing Member Federation has not qualified in any category, it may nominate one participation in one category of its choice.</li> <li>• Maximum participation in the finals is therefore 8 (or 6) +1 units in one category and 8 (or 6) in the other four categories.</li> <li>• Such "Wild Card Participants" must have participated in the respective category in the qualification, and they will have to start first.</li> <li>• "Wild Card Participants" will receive medals and prize money, but they will not receive any World Cup Points.</li> </ul> <p><b><u>World Cup Competitions may exceptionally be combined with other Competition.</u></b></p> <p><b>Cancellation Policy</b></p> <ul style="list-style-type: none"> <li>• The <b>organizing member Federation (LOC)</b> may cancel the competition in the respective category if at the time of the definitive entry there are less than 4 units registered in a category. In case of such a cancellation, the LOC must reimburse, in full, the entry fee and payments made for accommodation. Should flights have to be cancelled due to the above, the risk is at the charge of the participating member Federations (NF).</li> <li>• The <b>participating member Federations (NF)</b> may cancel its participation in a specific category without any penalty or payment for fees, accommodation and meals already booked, in case of less than 4 participating countries in that category after the definitive deadlines.</li> <li>•</li> </ul>	

	<ul style="list-style-type: none"> <li>• Procedure and deadlines for the cancellation of a category by the LOC or participation by the NF is as follows: <ul style="list-style-type: none"> <li>• FIG shall inform LOC and NF about the participation, within 5 days after the Definitive registration deadline.</li> <li>• LOC and NF have the possibility to cancel the event (in a specific category) respectively their participation within 5 days after information by the FIG. Such notification must be sent by e-mail or fax to the FIG. Cancellations after this deadline will not be accepted.</li> </ul> </li> </ul>																																				
<p><b>“HORS CONCOURS” GYMNASTS</b></p>	<p>The Organizing Member Federation is allowed to add only for the qualifications “hors concours” competitors. These competitors are in addition to the official participants of the Organizing Member Federation’s competitors; they must be named before the start of the qualifications and <b>cannot qualify for the final</b>. They will have to start first.</p> <p>The Organizing Member Federation is allowed to name 1 Men’s Pair, 1 Woman’s Pair, 1 Mixed pair, 1 Women’s Group and 1 Men’s Group as “hors concours” competitors.</p>																																				
<p><b>FEDERATIONS INVITED</b></p>	<p>The Organising Member Federation must invite all FIG Member Federations who have paid their annual membership fee for Acrobatic Gymnastics.</p>																																				
<p><b>SIZE OF DELEGATION AND FIG LICENCE</b></p>	<p>Participation is limited to 3 “units” per NF in each category</p> <p>Only senior gymnasts in good standing with the correct age and holding a valid FIG License may participate. The Organizing Committee will be responsible for checking the validity of the gymnast’ Licenses. No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration.</p> <p>The Organising Member Federation may limit the participation with criteria to be defined by the Organising Member Federation. Those criteria must be approved by the FIG.</p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="501 1160 1433 1581"> <tr> <td>Head of delegation</td> <td></td> <td>1</td> </tr> <tr> <td>Team Manager</td> <td>(if 4 and more units)</td> <td>1</td> </tr> <tr> <td></td> <td>(if 8 and more units)</td> <td>2</td> </tr> <tr> <td>Coaches</td> <td>(if 1 units)</td> <td>1</td> </tr> <tr> <td></td> <td>(if 2 to 5 units)</td> <td>2</td> </tr> <tr> <td></td> <td>(if 6 to 8 and more units)</td> <td>3</td> </tr> <tr> <td></td> <td>(if 9 and more units)</td> <td>4</td> </tr> <tr> <td>Gymnasts</td> <td>(3 units per category)</td> <td>39</td> </tr> <tr> <td>Medical Doctor</td> <td></td> <td>1</td> </tr> <tr> <td>Paramedical Staff</td> <td>(if 1 to 3 units)</td> <td>1</td> </tr> <tr> <td></td> <td>(if 4 and more units)</td> <td>2</td> </tr> <tr> <td>Judges</td> <td></td> <td>2</td> </tr> </table> <p><i>A unit being a pair or a group.</i></p> <p>Out of competition gymnasts will not be accepted</p>	Head of delegation		1	Team Manager	(if 4 and more units)	1		(if 8 and more units)	2	Coaches	(if 1 units)	1		(if 2 to 5 units)	2		(if 6 to 8 and more units)	3		(if 9 and more units)	4	Gymnasts	(3 units per category)	39	Medical Doctor		1	Paramedical Staff	(if 1 to 3 units)	1		(if 4 and more units)	2	Judges		2
Head of delegation		1																																			
Team Manager	(if 4 and more units)	1																																			
	(if 8 and more units)	2																																			
Coaches	(if 1 units)	1																																			
	(if 2 to 5 units)	2																																			
	(if 6 to 8 and more units)	3																																			
	(if 9 and more units)	4																																			
Gymnasts	(3 units per category)	39																																			
Medical Doctor		1																																			
Paramedical Staff	(if 1 to 3 units)	1																																			
	(if 4 and more units)	2																																			
Judges		2																																			
<p><b>AGE LIMITS</b></p>	<p>Age limit: minimum 15 years (born in 2008 or before)</p>																																				
<p><b>JUDGES AND JURIES</b></p>	<p>The number of Juries (judges’ panels) may be decided by the organizing member federation depending on the number of participating competitors and judges.</p> <p>The Juries are set up by a draw - directed by the FIG Technical Representative - from the judges present at the event. Priority will be given to the judges of the highest category.</p> <p>The FIG Technical Representative will serve as President of the Superior Jury.</p>																																				

Each participating federation must provide minimum one judge. Failure to do so will result in a fine of Swiss Francs 2'000.- to be paid to the Organizing Member Federation.

The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate category of brevet for their function. Should there not be sufficient judges, the Organizing Member Federation may propose to the FIG for approval the name of neutral additional judges to complete the panels (plus 1 reserve). These judges, once approved, have to be invited at the cost of the Organizing Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the FIG will invite such judges at the cost of the Organizing Member Federation.

**FIG TECHNICAL DELEGATE AND EC MEMBER**  
The FIG Technical Delegate and EC member (if applicable) will be designated by the FIG.  
The FIG Technical Delegate will serve as President of the Superior Jury.

**REGISTRATION DEADLINES**  
Provisional, Definitive and Nominative Registrations must be made exclusively on-line via the FIG website (<http://www.gymnastics.sport>) or accordingly. These registrations will only be accepted from FIG Gymnastics Member Federations.

Provisional registration	<b>February 1<sup>st</sup> 2023</b>	(4 months prior to the event)
Definitive registration:	<b>April 1<sup>st</sup> 2023</b>	(2 months prior to the event)
Nominative registration	<b>May 1<sup>st</sup> 2023</b>	(4 weeks prior to the event)

Last registrations are subject to fines as follows:

Fine for missing or late Provisional registration (if any)	CHF 500.-
Fine for missing or late Definitive registration	CHF 750.-
Fine for missing or late Nominative registration	CHF 500.-

Registrations and payments made after the gymnasts' drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate.

**DRAWING OF LOTS**  
The drawing of lots will take place at the FIG Headquarters in Lausanne (SUI) two weeks after the closing date of the nominative registration.  
After publication of the draw on the FIG website, the member Federation will be given an opportunity to modify the position of their gymnasts' starting order within 3 days by using the official document to be found on FIG website

**ENTRY FEES**  
The non-reimbursable cost for the **Entry Fee is of 50 Euro per gymnast** and must be paid to the LOC by 01/04/2023.

**ACCOMMODATION**  
Hotel Category Prices are per night/per person (including breakfast, **lunch, dinner**, VAT, airport transfer from Rzeszow and daily shuttle transfer from the hotel in the area of Rzeszow to the competition hall).

<p><b>Category I</b> HOTEL BRISTOL *****/**** Distance from the Competition Hall: <b>0,8</b> Address: <b>Rynek 20-23, 35-064 Rzeszów</b> Website: <a href="http://www.bristol-rzeszow.pl">www.bristol-rzeszow.pl</a></p> <p>Single room <b>140 €</b> per night/per person Double room <b>120 €</b> per night/per person)</p>
--

**Category II**

METROPOLITAN HOTEL \*\*\*\*

Distance from the Competition Hall: **0,8**Address: **Dymnickiego 1a, 35-030 Rzeszów**Website: [www.grand-hotel.pl](http://www.grand-hotel.pl)Single room **130** € per night/per personDouble room **115** € per night/per person)**Category II**

HOTEL AMBASADORSKI \*\*\*\*

Distance from the Competition Hall: **0,8**Address: **Rynek 13-14, 35-064 Rzeszów**Website: [www.ambadorski.com](http://www.ambadorski.com)Single room **120** € per night/per personDouble room **110** € per night/per person)**Category III**

HOTELZIMOWIT \*\*\*

Distance from the Competition Hall: **1,5**Address: **Al. Armii Krajowej 4b, 35-307 Rzeszów**Website: [www.hotel-zimowit.pl](http://www.hotel-zimowit.pl)Single room **110** € per night/per person)Double room **90** € per night/per person)Triple room **80** € per night/per person)**Category III**

HOTEL HETMAN \*\*\*

Distance from the Competition Hall: **1,2**Address: **Langiewicza 29b, 35-085 Rzeszów**Website: [www.hotelhetman.rzeszow.pl](http://www.hotelhetman.rzeszow.pl)Single room **110** € per night/per person)Double room **90** € per night/per person)Triple room **80** € per night/per person)**Category IV**

HOTEL ISKRA \*\*

Distance from the Competition Hall: **0,8**Address: **Dąbrowskiego 75, 35-040 Rzeszów**Website: [www.hoteliskra.pl](http://www.hoteliskra.pl)Single room **90** € per night/per personDouble room **75** € per night/per person)Triple room **65** € per night/per person)**All federations to book their accommodation through the LOC.**

The prices charged for the hotel rooms will not exceed the usual hotel rates. All Delegations booked the hotel by on-line system via the <https://forms.gle/GhtnVJetkKkzhZq69> before **April 1<sup>st</sup>, 2023**, all hotel rooms will be allocated on a "first come, first serve" basis.

	<p>The participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodation must be paid to the LOC as follows:</p> <ul style="list-style-type: none"> <li>• Deposit of 50% of the total amount by <b>April 1<sup>st</sup>, 2023</b></li> <li>• Settlement of the remaining 50% by <b>May 1<sup>st</sup>, 2023</b></li> </ul> <p>In case of cancellation, costs will be refunded as follows:</p> <ul style="list-style-type: none"> <li>• Before <b>May 1<sup>st</sup>, 2023</b> 50% of the total amount due</li> <li>• From <b>May 1<sup>st</sup>, 2023</b> no refund of the total amount due</li> </ul>
<b>MEALS</b>	<p>Breakfast and dinner will be served at the hotels. Lunch will be served at the venue. The price for breakfast, lunch and dinner is included in the cost of each hotel booking.</p> <p>Extra ticket for the meals for <b>15 Euro</b> per person, can be ordered through the LOC by <b>May 1<sup>st</sup>, 2023</b></p>
<b>FINAL BANQUET</b>	<p>A farewell dinner will be organized and will be followed by a farewell party. Extra tickets will be available at the LOC office at <b>25 Euro</b> per person.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by <b>May 1<sup>st</sup>, 2023</b>.</p>
<b>LOCAL TRANSPORTATION</b>	<p>Delegations that book their accommodation through the LOC will be offered free transport from:</p> <ul style="list-style-type: none"> <li>• Rzeszow Airport to the competition venue and back;</li> <li>• Hotel to the competition/training venue and back.</li> </ul> <p>For delegations arriving at other airports the LOC offers the following transport services (at the charge of the federations):  <b>Transport from Chopin Airport ( Warszawa) and Balice Airport (Kraków) can be provided by the LOC. The price will depend on the number of people.</b></p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Polish Embassy or Consulate in your country if a visa is required for your travel to Poland. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>as soon as possible</b> to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: <b>5 Euro</b> per person/day.</p>

<b>ACCREDITATION</b>	<p>Accreditation cards will be distributed at the Accreditation Center upon arrival of the delegations.</p> <p>Delegation accreditation will take place upon arrival at accreditation centre. For accreditation, each Head of Delegation is required to bring the following documents:</p> <ul style="list-style-type: none"> <li>• Passports of all members of the delegation,</li> <li>• FIG licenses</li> <li>• Confirmation of the total payment of accommodation and meals</li> <li>• Insurance – every delegation member needs a valid insurance</li> <li>• USB Stick of the National Anthem</li> <li>• National Flag</li> <li>• Tariff sheets (computer generated)</li> </ul> <p>In order to accelerate the accreditation procedure, please send to the Organizing Committee a photo of each delegation member (by email).</p> <p>Accreditation card is personal for each of the delegation members. In case of a lost or stolen accreditation card the Organizing Committee must be informed immediately. A new card can be issued for a fee of <b>50</b> euro.</p>
<b>FINANCIAL OBLIGATIONS</b>	<p>Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) or the LOC may not be allowed to participate in these World Cups.</p> <p>Federations which have not fulfilled their financial obligations towards the LOC by the given deadline in the Invitation/Directives, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>
<b>BANK ACCOUNT INFORMATION</b>	<p>All payments for the hotel bookings, transfer and meals must be made by bank transfer:</p> <p><b>Address of the bank:</b>  <b>BANK PKO BP S.A. Oddział 1 Rzeszów ul. 3 Maja 23</b>  Beneficiary name : Podkarpacki Okręgowy Związek Akrobatyki Sportowej  IBAN Code: <b>PL04 1020 4391 0000 6102 0074 5083</b>  Swift Code: <b>BPKOPLPW</b></p> <p>Each participating member Federation is kindly requested to indicate the payment's purpose as follows: <b>“ACRO 2023 / NF “</b>  The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>
<b>CANCELLATION POLICY</b>	<p>In case of cancellation, costs will be refunded as follows:</p> <ul style="list-style-type: none"> <li>• Before <b>May 1<sup>st</sup>, 2023</b> 50% of the total amount due</li> <li>From <b>May 1<sup>st</sup>, 2023</b> no refund of the total amount due.</li> </ul>
<b>TIE BREAKING RULES</b>	<p>In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied.</p> <p>The gymnasts with same final score will receive the same World Cup points.</p>
<b>PRIZE MONEY</b>	<p>The organising member federation must pay a minimum prize money per medallist as follows</p> <p><b>B Tournaments : Total minimum 7'800.- (Swiss Francs):</b></p> <p>The Prize Money, free of any deductible taxes, will be distributed in <b>Swiss Francs</b> as follows:</p>

**For Tournaments Category B:**

**Total CHF 7.800.-**

***Pairs and Groups***

- **Gold** 300.- (per gymnast)
- **Silver** 200.- (per gymnast)
- **Bronze** 100.- (per gymnast)

In case of a tie, the prize money will be added and divided by the number of gymnasts:

- 1, 1, 3 (prize money for rank 1 and 2 is added and divided by 2)
- 1, 2, 2, (prize money for rank 2 and 3 is added and divided by 2)

No prize money, medals and World Ranking Lists points will be given, if there are less than 4 participating Member Federations per category. This must be mentioned in the invitations.

**ASSIGNMENT OF  
WORLD CUP POINT  
FOR THE RANKING  
LIST**

In principle, the results and the updated FIG World Cup Ranking List will be published on the FIG web site within 24 hours after the end of the competitions provided that all procedures before and after the competitions are duly respected by the Organizing Member Federation.

Separate World Cup Series Ranking Lists are established for every category beginning with the first World Cup event of the year and ending with the last World Cup event of the year as follows:

- Men's Pairs
- Women's Pairs
- Mixed Pairs
- Women's Groups
- Men's Groups

Pairs are listed **by name**, but considered **as an entity**.

In case of change of partner, the Mixed Pair is considered as a new Pair.

Groups are listed **by name**, but considered **as an entity**.

One change of name in a Trio is allowed, but in case of a second change of name, the Trio is considered as a new Trio.

The World Cup Points are assigned to the competitors as follows:

**Finals:** ranking from 1st to 8th place (or 1<sup>st</sup> to 6<sup>th</sup> place)

**Qualifications:** ranking from 9th to 16th place (or 6<sup>st</sup> to 9<sup>th</sup> place)

**Select the correct column in accordance with the appropriate Category of your tournament and delete the other**

Rank	World Cup Cat. B
1	30
2	25
3	20
4	18
5	16
6	14
7	12
8	10
9	8

10	7
11	6
12	5
13	4
14	3
15	2
16	1

The gymnasts with same final score will receive the same World Cup points.

In the case that there are less than four (4) units participating per category, no World Cup Points will be given.

“Hors concours competitors” will not receive World Cup Points.

<b>WINNER OF THE ANNUAL WORD CUP</b>	<p>The winner of the annual World Cup per category is the individual gymnast / pair / trio / group with the highest number of points of the World Cup Series Ranking List after the last event of the year:</p> <p>A special award ceremony will be held at the last World Cup Competition of the year (Cat. A) in which the World Cup winner will receive the World Cup.</p>
<b>EVENT MANAGER</b>	Izabela Matias – <a href="mailto:acro2023.rzeszow@gmail.com">acro2023.rzeszow@gmail.com</a>
<b>MEDIA</b>	Streaming of the competition
<b>SOCIAL MEDIA</b>	Homepage: <a href="http://www.hala.rzeszow.pl">www.hala.rzeszow.pl</a> Homepage: <a href="http://www.akrobatyka.rzeszow.pl">www.akrobatyka.rzeszow.pl</a>
<b>MEDICAL SERVICES</b>	Medical premises and services will be provided in accordance with the Medical Guidelines of FIG Anti-Doping Rules, WADA Code and related. Ambulance and Medical Team (MEDIC - TRANSPORT) are in the Venue
<b>OFFICIAL HOSPITAL</b>	Clinic Hospital im. Św. Jadwigi Królowej in Rzeszów, Lwowska Street 60. Phone number: +48 <a href="tel:178664000">17 866 40 00</a>
<b>DOPING CONTROLS</b>	For World Cup Competitions and Series, A and B Category, the Organizing Member Federation will provide a minimum of 5 doping controls at its own charge. Failure to do so will result in the deposit being lost in full.
<b>COVID 19</b>	<p>Besides the FIG medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete’s performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>Insert any other information related to your country specific policy.</p>
<b>SAFEGUARDING</b>	From the official date of arrival until the official day of departure of the event, participants (gymnasts, coaches, judges and any other delegation members) have the opportunity to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment or abuse of any type or if they are worried or do not feel comfortable. The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations.
<b>MARKETING</b>	FIG advertising and publicity norms must be respected.
<b>VIDEO CONTROL SYSTEM</b>	Should IRCOS not be available, the Organizing Member Federation must provide another video control system which allows to treat inquiries and records all exercises of the competition in a quality which allows to judge the exercises.

<b>RULES AND REGULATIONS</b>	<p>The competition must be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>– Statutes</li> <li>– Code of Ethics</li> <li>– Code of Conduct</li> <li>– Technical Regulations</li> <li>– License Rules</li> <li>– Code of Points and relevant Newsletters</li> <li>– General Judges’ Rules</li> <li>– Specific Judges’ Rules for Acrobatic Gymnastics</li> <li>– Medical Organization of the FIG Competitions and Events</li> <li>– Anti-Doping Rules</li> <li>– Event Safeguarding Framework</li> <li>– Media Rules</li> <li>– Apparatus Norms</li> <li>– Rules for Advertising and Publicity</li> <li>– Accreditation Rules</li> <li>– Rules for Awards Ceremonies</li> <li>– World Cup Rules for Acrobatic Gymnastics</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																				
<b>DEADLINES SUMMARY</b>	<table border="1"> <tr> <td>Provisional Registration (on line)</td> <td>1/02/2023</td> </tr> <tr> <td>Definitive Registration (on line)</td> <td>1/04/2023</td> </tr> <tr> <td>Nominative Registration (on line)</td> <td>1/05/2023</td> </tr> <tr> <td>Accommodation Form</td> <td>1/04/2023</td> </tr> <tr> <td>Travel Schedule Form</td> <td>1/05/2023</td> </tr> <tr> <td>Visa Request Form</td> <td>as soon as possible</td> </tr> <tr> <td>Payment of the Entry Fee</td> <td>1/04/2023</td> </tr> <tr> <td>Payment of the Accommodation Costs – 50 %</td> <td>1/04/2023</td> </tr> <tr> <td>Payment of the Accommodation Costs – 50 %</td> <td>1/05/2023</td> </tr> <tr> <td>Payment of the fine for missing judge</td> <td>Upon arrival</td> </tr> </table>	Provisional Registration (on line)	1/02/2023	Definitive Registration (on line)	1/04/2023	Nominative Registration (on line)	1/05/2023	Accommodation Form	1/04/2023	Travel Schedule Form	1/05/2023	Visa Request Form	as soon as possible	Payment of the Entry Fee	1/04/2023	Payment of the Accommodation Costs – 50 %	1/04/2023	Payment of the Accommodation Costs – 50 %	1/05/2023	Payment of the fine for missing judge	Upon arrival
Provisional Registration (on line)	1/02/2023																				
Definitive Registration (on line)	1/04/2023																				
Nominative Registration (on line)	1/05/2023																				
Accommodation Form	1/04/2023																				
Travel Schedule Form	1/05/2023																				
Visa Request Form	as soon as possible																				
Payment of the Entry Fee	1/04/2023																				
Payment of the Accommodation Costs – 50 %	1/04/2023																				
Payment of the Accommodation Costs – 50 %	1/05/2023																				
Payment of the fine for missing judge	Upon arrival																				
<b>ADDITIONAL INFORMATION</b>	<p><b>Music :</b>  Each participating NF needs to transmit all the music for its exercises to <a href="mailto:music.wc2023@gmail.com">music.wc2023@gmail.com</a> by 14/05/2023,</p> <p>The LOC wishes to receive your music only in MP3format.  How to name MP3 – files:  Routine: Balance: BAL, Dynamic: DYN Combined :COM</p> <p><b>Example: SEN_WP1_POL_DYN.mp3</b></p> <p>Please bring along a copy of your music to the World Cup, as a back-up in case of a technical problem in the competition area or for your training sessions.</p> <p>Tariff sheets:  Each participating NF needs to send the tariff sheets to <a href="mailto:acro2023.rzeszow@gmail.com">acro2023.rzeszow@gmail.com</a> by the 14/05/2023. The last time to submit the Tariff Sheets or made any changes is the time of the accreditation.</p> <p>In conjunction with this Rzeszów Fig World Cup event there will also be held an international tournament. The Rzeszów International Tournament will be organized with a different schedule.</p>																				

Sincerely Yours,

Warsaw, 30.06.2022

Place and date:



Stamp

A handwritten signature in blue ink, appearing to be 'Piotr Dec', written over a horizontal line. Above the signature, the text 'SEKRETARZ GENERALNY' and 'Polskiego Związku Gimnastycznego' is printed in blue. Below the signature, the name 'Piotr Dec' is printed in blue.

Signature of the ~~President~~  
Secretary General of the FIG  
affiliated NF